

## **Cross country safari in the heart of the Dolomites**

**Easy to medium difficulty cross country self-guided cross country tour**

**Season 2025**

During your cross country tour you will admire the impressive mountains of the Dolomites including the famous Three Peaks going from Toblach/Dobbiaco to Cortina d'Ampezzo or the "sundial" of Sexten/Sesto – a natural spectacle in the Fischlein Valley. You will experience the breathtaking valley of Prags/Braies with the serenity of pure nature on Plätzwiese/Prato Piazza – 2,000 metres above sea level. You will start directly from the hotel or you will need just a short transfer to the cross country ski tracks.

As we have more options for each day, the route is challenging for "easy" cross country skiers as well for more experienced athletes.

During the briefing – before tour start – we will give you detailed information about the tour and the options. Also during the week a meeting is possible. The tracks are ideal for the classic style and the skate skiing.



## Day by Day Program:

### Day 1: Individual arrival in Toblach or Niederdorf

Individual journey to Toblach, depending on availability also to the neighbouring municipality of Niederdorf. Free private parking available near the hotel, overnight stay in Toblach.

### Day 2: Toblach or Niederdorf – Sexten (around 15-45 km)

You will start your cross country skiing tour through the open Pustertal Valley to Innichen/San Candido you will get to Sexten/Sesto. The fittest of you can go first from Innichen/San Candido to Sillian in Austria and then to Sexten/Sesto. On both versions you will be surrounded by the majestic mountain peaks of the famous Dolomites going into Fischlein Valley and the Talschluss hut. After getting on the highest point and a hot Cappuccino or something more refreshing you will leave the wood land behind you going back to Sexten/Sesto.

### Day 3: Sexten – Sexten (around 10-20 km)

You will go cross country skiing on the sunny side with the best panorama today. A short transfer will take you above the edge of the woods and the Dolomites of Sexten/Sesto are close. Nemes hut - Coltrondo hut – Kreuzbergpass/Passo Monte Croce are inviting to drink or eat something along the route.



Restaurant « Talschlusshütte » in heart of the Dolomites



### Day 4: Sexten – Pragsertal/Plätzwiese (around 25-45 km)

From Sexten/Sesto you slide through spruce woods to San Candido/Innichen, the cultural centre of the Hochpustertal. Under the alpine skiing centre of the village, called Haunold/Baranci, the tracks will lead you to the West, following the open „Pustertal“ valley. In Toblach/Dobbiaco you can visit the Alpine zoo or one of Gustav Mahler's composing studios. Afterwards wide snowfields will take you to Niederdorf/Villabassa. Going further you will leave the Pustertal and get to the Valley of Prags/Braies. From there you will reach the high plateau Plätzwiese/Prato Piazza, up on to 2,000 metres above the sea level!

**Day 5: Plätzwiese (one loop is around 6 km)**

Today you can explore the wild nature of Plätzwiese/Prato Piazza and admire the imposing Hohe Gaisl/Croda Rossa. For who would like to have a change: take some snow shoes and walk up to Strudelkopf/Monte Specie from where you will have a spectacular view of the Three Peaks.



Hotel « Hohe Gaisl » with Mount Gaisl

**Day 6: Gsieseral – Niederdorf/Toblach (around 10-40 km)**

The shuttle bus takes you down from Plätzwiese to Felsberg, Gsies. You walk on the wide sunny valley through dreamy winter landscapes and past picturesque farmhouses. Inns along the way invite you to stop for a bite to eat. Depending on your mood, you can ski back to Felsberg and from there across the fields to Niederdorf or Toblach. Otherwise there is the possibility of shortening the stage by public transportations.

**Day 7: Toblach – Cortina (around 10-60 km)**

From the cross country skiing centre in Toblach/Dobbiaco you ski along the old Dolomites train route into the Valley of Landro/Höhlensteintal. You can decide whether to have our famous apple strudel at the lake of Toblach/Dobbiaco or to continue until you get to the point where you see the famous "Three Peaks" and further on to the arena of Cortina d'Ampezzo.

**Day 8: Individual departure from Toblach-Niederdorf**

Individual departure or possibility to extend your stay.



**Start dates 2025, self-guided tour:**

Starts possible every **Wednesday, Saturday** and **Sunday** from January, 8<sup>th</sup> 2025 (first available start date) until March, 2<sup>nd</sup> 2025 (last possible start date). **Minimum number of participants: 2 persons**

**Included services; self-guided tour:**

- ✓ 3\*\*\* and/or 4\*\*\*\* star Hotels (mostly with sauna and/or indoor pool)
- ✓ Breakfast buffet or continental breakfast
- ✓ Evening dinner
- ✓ Video briefing before tour start
- ✓ Ticket fees for the use of the cross-country tracks
- ✓ Luggage transfer
- ✓ Transfer on to Plätzwiese/Prato Piazza
- ✓ Route descriptions
- ✓ Detailed information (route map, route description, sightseeing, important telephone numbers)
- ✓ Service-hotline during your stay

**Not included services (to be booked on request):**

- ✓ Cross country skiing course to improve your technique
- ✓ Equipment rental (Skiers, sticks and shoes): Euro 80,- / CHF 80,-
- ✓ Transfer airport-Hotel before or/and at the end of your cross country week

**Price per person, 2025:**

Starts possible every **Wednesday, Saturday and Sunday:**

08.01.-31.01.2025	Euro 1250,-	CHF 1250,-
01.02.- 02.03.2025 (last possible start date)	Euro 1350,-	CHF 1350,-
Supp. Single room / week	Euro 230,-	CHF 230,-
Extra night in a double room, incl. half board	Euro 140,-	CHF 140,-
Extra night in a single room, incl. half board	Euro 180,-	CHF 180,-



**General information:**

**Type of travel:** Self-guided tour

**Duration:** 08 days / 07 nights

**Accommodation:** 3\*\*\* and/or 4\*\*\*\* Hotels (mostly with sauna and/or indoor pool)  
Attention: The tourist tax (if requested) has to be paid on the spot.

**Length of route:** Around 75 – 215 km (depending on the chosen routes)

**Starting point:** Toblach/Dobbiaco or Niederdorf/Villabassa in “Hochpustertal” Valley

**Arrival: Individual arrival:**

By car: Over the Brenner motorway to Brixen/Bressanone, through the Pustertal/Val Pusteria to Niederdorf/Villabassa or Toblach/Dobbiaco or taking the Felbertauernstraße (in Austria) to Lienz in Osttirol, further on to Toblach/Dobbiaco or Niederdorf/Villabassa.

By train: From Innsbruck to Franzensfeste. From there with the Val Pusteria train to Bruneck/Brunico and to the train station of Niederdorf/Villabassa or Toblach/Dobbiaco.

By airplane: The nearest airports are Treviso, Venice, Innsbruck, Ljubljana and Verona. On request we can organize a private transfer.

**Car parking:** Car parking possibility at the start hotel or nearby.

**Information available in:** German, English and Italian

